



cigarette smoking

Cigarette smoking is the greatest preventable cause of death in the world. The tobacco industry flourishes despite decades of research providing evidence of the hazards of cigarette smoking.

How can we work toward a cigarette-free future?

smoking

Seventh-day Adventists advocate a lifestyle free of tobacco products. The church has been warning about the health-destroying nature of this addictive behaviour for more than a century.

Adventists believe the ethics of prevention require:

1. Banning all tobacco advertising
2. Developing regulations for protecting children and young adults from tobacco industry advertising
3. Introducing stricter laws prohibiting smoking in public places
4. Promoting aggressive and systematic public education
5. Imposing higher taxes on cigarettes
6. Introducing regulations requiring the industry to pay for the health costs associated with the use of its products

The Bible teaches that each human body is a "temple of the living God," which should be cared for intelligently.

One of the church's fundamental beliefs states: "We are to adopt the most healthful diet possible. . . . Since alcoholic beverages, tobacco and the irresponsible use of drugs and narcotics are harmful to our bodies, we are to abstain from them."

The Seventh-day Adventist Church released statements on smoking and ethics in 1996, and smoking and tobacco in 1995. Visit www.adventist.org.au to read the full statements.



...people with hope!

For information contact the Communication & Public Relations Unit

Locked Bag 1115, Wahroonga NSW 2076
Ph: +61 2 9847 2222 communication@adventist.org.au